

2017 Roland Johnsrud Man of the Year

Lou Denny

Lou Denny is a walking almanac of places to get help in Lake County, and steers people in the right direction when he notices the need. He brings a sincere and tireless dedication towards improving the lives of the elderly and less fortunate people living in our county.

Lou's passion is feeding the hungry.

He is a founding member of the Lake County Hunger Task Force. He's been instrumental in getting donations and grants. He helped persuade the Lake County Community Action Agency approve the task force's first community garden at the agency's homeless shelter in Clearlake.

Lou is in charge of the monthly Senior Commodity Supplemental Food Program. He makes everyone feel welcome and provides helpful, useful information for those in need.

Several days a week you will find Lou distributing commodities to the elderly or working at the NCO food pantry.

Without his willing spirit to make Operation Gobble and the Holiday Box program happen, many people in Lake County would go hungry during the holidays. He is the man behind obtaining donations for and distributing the Christmas food boxes. He makes sure no one is forgotten.

In Lou's "spare time" he volunteers for Elder Day Services of Lake County: each Thursday he is working at the Northlake Day Program and often times he's working at the Clearlake Day Program on Wednesdays. The folks who come to the day programs have memory loss and it can be difficult working with them but Lou has the ability to bring smiles to their faces with a song, playing a simple game, conversation or just holding their hand.

Oh, I forgot to mention, he does dishes and takes out the trash, too. What a guy!